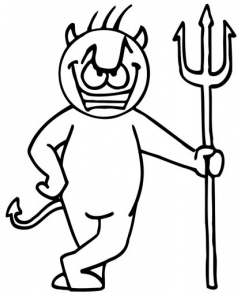


Extracts from the Article:

Microvita, Health and Ecology

By Shrii Prabhat Ranjan Sarkar

Khara: From some living entities – whether living creatures, plants, fruits, flowers, leaves or roots or anything else – a kind of musty odour is emitted. This kind of smell is also emitted from uncleaned bodies or the bodies of those people who do not bathe regularly. Those who consume a lot of static food also emit this sort of foul smell.



Those who have excessively mean propensities also develop this kind of repulsive odour due to the defects in their hormones. In fact, smell particles are formed out of the hormones secreted from the various glands.

Similarly, an intensely foul smell is emitted from the bodies of tigers because they are carnivorous. Although cats belong to the tiger family, they are partly vegetarian, so there is less foul smell in their bodies. The foul smell particles of some plants work as medicine in other bodies. The indigenous American Indians did not like to eat tomatoes because of their foul smell, although they fed them to their domestic animals. They would only eat tomatoes when they were sick. If the foul smell can be removed from tomatoes through scientific culture, a major change in the qualities of the vitamins may take place. Soybeans also have an unpleasant smell, and for this reason they are not very popular in India. If the repulsive smell of soybeans is removed, then a major change in their qualities will take place.

If you happen to pass an abattoir or some temples, you will invariably experience a kind of repulsive smell which is not exactly a stinking smell. The testes of a billy-goat produce a kind of foul smell that spreads throughout his body. Consequently, it is extremely difficult to go close to an adult billy-goat.

A hilsa fish (an Indian herring) is extremely fond of flesh – rotten flesh is its favorite food – hence it produces a kind of repulsive secretion. If a fish bowl or container which held a hilsa fish is cleaned with a cloth, and the cloth is used to clean another container, a repulsive smell will be emitted from the second container unless it is properly ventilated. A vegetarian will feel uncomfortable if this container is used for eating, drinking or anything else. Strict vegetarians avoid using any container that has been used to hold non-vegetarian food. This perhaps explains why hilsas, sharks and crocodiles emit almost the same type of foul smell.



Another meaning of the word “*khara*.” is “ a rotten smell or a stinking smell”. One will experience this kind of smell if one walks by a place where animal corpses are dumped. When a dead body is left exposed for more than twenty-four hours, germs that decompose the body set in. These so-called germs are in fact negative microvita. The slightest contact with these negative microvita is extremely pernicious for most creatures. However, for those creatures whose physical structure contains more powerful negative microvita, rotten flesh or rotten fish is not as harmful as it is for other creatures.



Milk is turned into curd (yoghurt) through microvita. For about forty-eight hours, these microvita remain in positive form. But if curd remains exposed to heat for more than forty-eight hours, then the positive microvita decompose and change into negative microvita. This is why curd can be eaten up to forty-eight hours after it has become ready for consumption. Later, when the curd emits a rancid smell, it is unfit for human consumption because it is infested with negative microvita. As long as they are positive microvita in curd, it is more useful and nutritious than milk.



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One may die if one eats the rotten flesh of a cow, goat or fish. A human being may be attacked with cholera, but a crow, jackal or vulture will not be harmed if it

consumes rotten flesh. This is because of physical constitution. Some non-vegetarians can even digest stinking food such as cooked dried meat, died fish, etc., but strict vegetarians will definitely become sick if they eat such food.

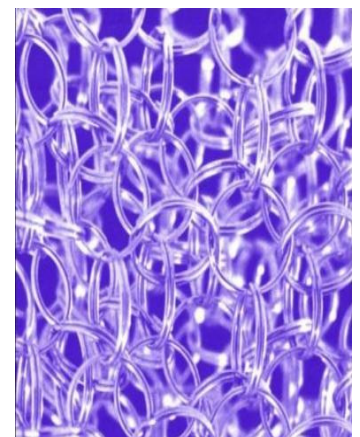
You know nothing about the nuclear structure of microvita, you know a little about the nuclear structure of carbon atoms, and you know a few specialities of carbon atoms. So far as positive or friendly microvita are concerned, there can be a proper adjustment, there can be a correlation; and for some microvita there cannot be any correlation; they are ultravires to the existence of each other.

There are positive or friend microvita, negative or enemy microvita, and neutral microvita. If controlled by good people, microvita are your friends, if controlled by bad people, microvita are your enemies. And by nature some microvita are your friends, by nature some microvita are your enemies. Those which are by nature your enemies may also become your friends if controlled by good people.

When a few negative microvita penetrate your body, you feel very uneasy. But when millions of negative enter, it does not take more than a few seconds for even an elephant to die. If neutral microvita enter your body, you do not feel anything special. When friend microvita enter your body, you do not feel anything special. When friend microvita enter your body and mind, you have a comfortable feeling.

A few negative microvita, when they enter the human body and mind, bring much change in the feelings, but when millions of them enter, it becomes very difficult for anyone to survive long. Ordinarily microvita become more active in the night when human beings are asleep.

Microvita will undergo contraction and hibernation at freezing temperature and expansion and hibernation at boiling temperature. Negative microvita will die a natural death after their natural life span. In order to kill negative microvita before the end of their life span, the number of positive microvita has to be increased by good thinking and sadhana (spiritual practice). Only by increasing the number of positive microvita is the unnatural death of negative microvita possible. If under extreme conditions of temperature microvita died, then some of the diseases now prevalent would have ceased to exist, but this has not happened. Rather, diseases have become complicated –



Save the

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malaria has become malignant malaria. During the First World War the decaying bodies of dead soldiers attracted negative microvita from other stars and thus the influenza disease originated. Even now influenza is fatal to human beings in cold countries. Influenza has a natural duration of four days whether medicine is taken or not.

When negative microvita devour the positive microvita of a diseased person, then that person dies. Medicines only reduce the pain caused by disease in different parts of the body, and so it is not proper to say that medicine cures a disease. The disease can be cured only when the numbers of positive microvita are increased, and they devour the negative microvita.

There are certain persons who can cure diseases merely by touch. The science behind this is also the application of positive microvita. And the cause of the decomposition of anything overtime is negative microvita. When a person is attacked by negative microvita and certain symptoms are observed, it is called “ prognosis” and when the symptoms develop in the final stage of the disease, it is called “ diagnosis” .

There is no doubt that the medicine prepared in a sentient environment by sentient people, from a medium or mother tincture which is also prepared in a sentient environment, will attract more positive microvita than ordinary medicines, so it will have a much greater effect in curing a patient.



If a person contracts a disease caused by negative microvita before initiation and does *dhyana* sincerely after initiation, the disease will not spread but be contained. However, for different types of diseases one has to follow different food restrictions and practice *dhyana* at specific times.

If a person contracts a disease caused by negative microvita after initiation, does *dhyana* perfectly and follows certain food restrictions, the disease will be completely cured.

Dhyana attracts many positive microvita. Negative microvita can only be controlled by positive microvita. The positive microvita eat the negative microvita and this is the reason why the disease is cured. For example, if a person is suffering from jaundice, a disease caused by negative microvita, and if *dhyana* is practiced perfectly, the disease will be cured very quickly. In the case of cancer, say stomach cancer, certain food restrictions will have to be strictly followed. When pain starts in the stomach one should sit up for *dhyana*, but just prior to this one should take some juice from a sweet tasting, not a sour tasting fruit. After performing *dhyana*, one should take another drink which is different from the first drink. The patient should also avoid any food which causes gas in the stomach, such as pappad, cauliflower, cabbage, turnip, etc.....

Intellectually and spiritually advanced people, through their thoughts, can destroy or resist the movement of enemy microvita, but if sinful people continue to create newer and newer microvita in their psychic sphere, there will always remain the possibility of the creation of subtler forms of negative microvita. These microvita can cause immense harm in the collective sphere not only of different planets, but of the entire cosmos. But not all microvita are the enemies of human beings – some are inimical, some are friendly and some are neutral.

By Shrii P.R. Sarkar, 18 January 1987, Calcutta (India)

